



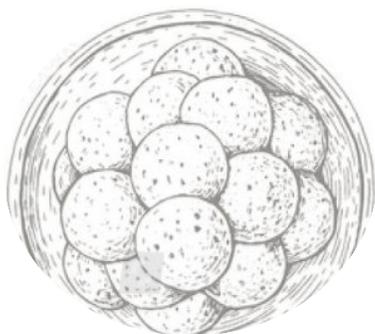
OPEN DAILY - KITCHEN CLOSSES AT 2PM - SWEETPEASCT.COM

PAO DE QUEIJO SANDWICHES!!

A SWEET PEA'S ORIGINAL!!!

PAO DE QUEIJO HAS BECOME A POPULAR TREAT HERE AT SWEET PEA'S! ORIGINALLY FROM BRAZIL, THESE BAKED CHEESE BREADS ARE MADE WITH YUGCA FLOUR (WHICH MAKES THEM GLUTEN-FREE!) AND THREE TYPES OF CHEESE TO GIVE THEM EXTRA FLAVOR.

ENJOY OUR FRESH IN HOUSE BAKED PAO DE QUEIJO FOR BREAKFAST, LUNCH OR A SNACK!



2 SAVORY FOR \$9.25

2 SAVORY & 1 SWEET FOR \$10.75

3 SAVORY FOR \$13.00

3 SWEET FOR \$9.50

3 SAVORY & 2 SWEET \$15.75

THE SAVORY

★ B.E.C.

Scrambled eggs, bacon, cheese

NEW CARNITAS

Roasted pork and red cabbage coleslaw

BIG BEN

Roast beef, arugula, onion confit, peppercorn mayo

TAJ MAHAL

Curry chicken, lettuce, almonds

THE SIMPLE

Ham & cheese

NEW ITALIAN

Prosciutto, mozzarella, arugula, balsamic vinegar

★ COMPLETE

Scrambled eggs, salmon, bacon, cheddar, spinach

★ SP'S CHOICE

Scrambled eggs, avocado, spinach, red peppers, cheddar

BL&T

Bacon, lettuce, tomato

ROMA

Mozzarella, spinach, roasted tomato, zucchini

★ VEGGIE

Scrambled eggs, cheddar, red peppers, Spinach

NORWEGIAN DIVE

Smoked salmon, cream cheese, scallions

THE WEEKEND

Turkey, smashed avocado, spinach, hollandaise sauce

NEW AVO

Smashed avocado, aged cheddar

BREAKFAST

EGGS BENEDICT

Homemade croissant, ham, hollandaise sauce, greens **13.25**

*Salmon Benedict + 3.00

AVOCADO TOAST

Smoked Scottish salmon, whole wheat toast, fried egg, asparagus & smashed avocado **15.75**

TRIPLE STACK PANCAKES

Fresh fruit, powdered sugar and your choice of plain, blueberry or chocolate chip pancakes **9.75**

*gluten-free + 2.00

OMELETTE

Scallions, tomatoes, mushrooms & greens **11.00**

*Egg whites +2.00

SCRAMBLED!

Scrambled eggs mixed w/ chopped bacon & swiss, whole wheat toast **10.25**

"veggie option" spinach, peppers & cheddar cheese

FRENCH TOAST

Sweet Pea's famous homemade cinnamon roll's served w/ fresh fruit, bacon, maple syrup **13.25**

HAM, EGG & CHEESE CROISSANT

Homemade croissant, ham, fried egg, cheddar, greens & SP's delicious cream sauce **10.25**

NEW UNIQUE

Two Pao de Queijos topped with two poached eggs, bacon, asparagus, greens & SP's cream sauce **13.25**

OLD FARMER'S BREAKFAST

An Old Greenwich favorite! Two fried eggs, bacon, your choice of plain, blueberry or chocolate chip pancakes **12.75**

*gluten-free + 2.00

THE SWEET

NUTELLA

FARMERS JAM

DULCE DE LECHE



CONSUMPTION OF RAW OR UNCOOKED MEAT, SEAFOOD, EGGS OR POULTRY MAY BE HAZARDOUS TO YOUR HEALTH. PLEASE ALERT OUR STAFF OR MANAGER OF ANY ALLERGIES

THE BOWLS

ÇAÏ BOWLS & MANGO BOWLS

HAVE OUR ORIGINAL ÇAÏ BOWL OR TRY OUR NEW MANGO BOWL WITH YOUR CHOICE OF TOPPINGS

DARK CHOCOLATE

ALMONDS

GRANOLA

YOGURT **9.50**

FRESH FRUIT



HOMEMADE YOGURT & FRUIT BOWLS

HOMEMADE GRANOLA W/ GREEK YOGURT

Oats, apricots, almonds, sunflower seeds, golden raisins, maple syrup & fresh fruit **8.75**

FRUIT BOWL

Assortment of mixed fruits **8.75**

*Small cup \$4.00

BOWLS

"AVOCAT"

Avocado, poached egg, garbanzo beans, parsley, scallions, roasted almonds, tomatoes, pão de queijo

11.25

"BACOUN"

Avocado, bacon, red onions, corn, fried egg, tomatoes, asparagus, pão de queijo

11.25

"INDIA"

Curry chicken salad, almonds, spinach, pão de queijo

12.25

"MORNING"

Avocado, spinach, pine nuts, tomatoes, zucchini, parsley, quinoa, poached egg, pão de queijo

11.25

"SI RACHA"

Avocado, sriracha chicken, tomatoes, asparagus, scallions, pão de queijo

11.75

SALADS & SANDWICHES

CALIFORNIA SALAD

Cauliflower, avocado, quinoa, walnuts, green apples, ricotta, tomatoes, greens

14.25

SWEET PEAS SALAD

Avocado, feta, peas, garbanzo beans, quinoa, strawberries, croutons, tomatoes, greens

14.75

VENICE BEACH SALAD

Spinach, roasted tomatoes, zucchini, Brussels sprouts, avocado, mozzarella, basil, croutons

14.75

COUNTRY SALAD

Poached eggs, bacon, red onions, parsley, croutons, tomatoes, greens

13.25

GRAND PALAIS SALAD

Citrus marinated chicken, red peppers, garbanzo beans, corn, asparagus, fennel, croutons, tomatoes, greens

15.25

CURRY CHICKEN SALAD

Homemade curry chicken, spinach, almonds, raisins, croutons, tomatoes, greens

14.75

NEW

BURRATA SALAD

Burrata, green apples, spinach, tomatoes, arugula, pine nuts, croutons, honey balsamic

13.75

TURKEY CRANBERRY SALAD

Oven roasted turkey, green apple, cranberry, pinenuts, cheddar cheese, greens and croutons.

13.75

ADD CITRUS MARINATED CHICKEN +4.25 SMOKED SALMON +4.25

MOZZARELLA, BASIL & TOMATO
PANINI

Served with mixed green salad

11.00

HAM & CHEESE PANINI

Served with mixed green salad

11.25



ROASTED VEGGIE PANINI

Served with mixed greens

10.25

TURKEY CLUB

Turkey, bacon, lettuce, tomato, celery & our divine mustard mayo on your choice of bread

13.25

ENJOY YOUR
EXPERIENCE AT
SWEET PEAS